

PSYCHOTHERAPY SYMPOSIUM 2020

WEDNESDAY, 18 MARCH 2020

THE RIVER CLUB, CAPE TOWN

www.psychotherapysymposium.co.za

TIME	TOPIC	SPEAKER
07:30 - 08:30	Registration Chair: <u>Prof Crick Lund</u>	
08:30 - 08:45	Welcome	Prof Crick Lund
08:45 - 09:15	Keynote address 1: How to make psychotherapy more relevant to South Africans: some thoughts	Dr Yogan Pillay
09:15 - 09:30	Q & A	
	Rapid Fire Research Session 1 Chair: <u>Dr Lena Andersen</u>	
09:30 - 09:40	Patient and interventionist reported acceptability and feasibility of a peer-delivered psychotherapy intervention for HIV treatment adherence and substance use in Cape Town	Dr Jennifer Belus & Ms Alexandra Rose
09:40 - 09:50	Feasibility and Acceptability of "Nzira Itsva" (New Direction), a culturally adapted Cognitive Behavioural Intervention for adherence to long-term medication in Zimbabwe	Mrs Concilia Tarisai Bere
09:50 - 10:00	Tracing the processes of a task-shared intervention for perinatal depression in South Africa (AFFIRM-SA): A qualitative evaluation of counselling sessions	Ms Thandi Davies
10:00 - 10:10	Parent Child Interaction Therapy: Piloting a novel intervention in South Africa	Dr John-Joe Dawson-Squibb
10:10 - 10:20	Mental Health Integration: Integrating Many systems of psychotherapeutic understanding	Dr Gillian Douglas
10:20 - 10:30	Blended Motivational Interviewing and Cognitive Behavioural Therapy for Alcohol Use in PLWH: a cluster randomised controlled trial	Dr Munyaradzi Madhombio
10:30 - 11:00	Coffee/Tea Break & Poster Viewing	
	Rapid Fire Research Session 2 Chair: <u>Dr Lena Andersen</u>	
11:00 - 11:10	Long-term follow-up of a randomised controlled trial of prolonged exposure therapy and supportive counselling for posttraumatic stress disorder in adolescents: task-shifted intervention	Dr Jaco Rossouw
11:10 - 11:20	Evaluating the role of levels of exposure to a task shared depression counselling intervention led by behavioural health counsellors: Outcome and process evaluation	Ms One Selohilwe
11:20 - 11:30	ImpACT+, a coping intervention to improve clinical and mental health outcomes among HIV-infected women with sexual trauma in South Africa	Prof Kathleen Sikkema
11:30 - 11:40	Parenting programmes at scale: How can they be delivered effectively?	Prof Catherine Ward
11:40 - 12:00	Q & A	
12:00-13:00	Lunch	
13:00 - 13:45	Keynote address 2: Insights in scaling psychological therapies: lessons from the friendship bench	Prof Dixon Chibanda
13:45 - 14:00	Q & A	
14:00 - 15:30	Breakout group workshops (parallel sessions)	
14:00 - 15:30	1. Training and supervision in task sharing psychotherapy (Facilitators: Prof Ashraf Kagee & Dr Lena S. Andersen)	
14:00 - 15:30	2. Implementation science methods in scaling up psychotherapy (Facilitators: Prof Inge Petersen & Prof Crick Lund)	Venue: Berg
14:00 - 15:30	3. Building partnerships between communities, researchers and clinicians (Facilitators: Dr Lenny Naidoo & Dr Ingrid Daniels)	Venue: Liesbeek
15:30 - 16:00	Coffee/Tea Break	
16:00 - 16:55	Panel: Planning for the future Chair: Prof John Joska	
16:55 - 17:15	Wrap up	Prof John Joska